

Monthly Schedule subject to change based on program discretion/patient needs.



Birthdays

**Moises D. 9/4
Neil L. 9/22
Vera V. 9/23**

Special Events

**9/2- Nat'l Blueberry Popsicle Day
9/9- Nat'l Teddy Bear Day
9/11- Remember Freedom Day
9/14- Nat'l Cream Filled Donut Day
9/22- Nat'l Ice Cream Cone Day
9/28- Nat'l Strawberry Cream Pie Day**

Monday	Tuesday	Wednesday	Thursday	Friday
	1 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Bowling (P/C/S) 12:00pm Lunch (S) 1:00pm Noodle Ball (P/S) 2:00pm Sing-along (C/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)	2 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Basketball (P/S/C) 12:00pm Lunch (S) 1:00pm Horseracing (C/P/S) 2:00pm Money Game (C/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)	3 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Horseshoe or Darts (P/S/C) 12:00pm Lunch (S) 1:00pm Art Project (C/S) 2:00pm Lucky Dog (C/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)	4 8:00am-9:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Mini Golf (C/P/S) 12:00pm Lunch (S) 1:00pm Bingo (C/S) 2:00pm Sing-along (C/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)
	8 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Jemimah Comfort Dog (P/S/C) 12:00pm Lunch (S) 1:00pm Noodle Ball (C/S) 2:00pm Sing-along (C/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)	9 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Basketball (P/S/C) 12:00pm Lunch (S) 1:00pm Horseracing (P/C/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)	10 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Music by Elevar (C/S) 11:00am Exercise/Horseshoe or Darts (P/S/C) 12:00pm Lunch (S) 1:00pm Art Project (C/S) 2:00pm Lucky Dog (C/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)	11 8:00am-9:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Service Dog Visit (C/P/S) 12:00pm Lunch (S) 1:00pm Bingo (C/S) 2:00pm Sing-along (C/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)
14 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Corn Hole (P/S/C) 12:00pm Lunch (S) 1:00pm Bingo (C/S) 2:00pm Balloon Games (P/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)	15 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Bowling (P/C/S) 12:00pm Lunch (S) 1:00pm Noodle Ball (P/C/S) 2:00pm Sing-along (C/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)	16 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Basketball (P/S/C) 12:00pm Lunch (S) 1:00pm Horseracing (C/P/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)	17 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Horseshoe or Darts (C/P/S) 12:00pm Lunch (S) 1:00pm Art Project (C/S) 2:00pm Lucky Dog (C/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)	18 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Mini Golf (C/P/S) 12:00pm Lunch (S) 1:00pm Bingo (C/S) 2:00pm Sing-along (C/S)) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)
21 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Corn Hole (P/S/C) 12:00pm Lunch (S) 1:00pm Bingo (C/S) 2:00pm Balloon Games (P/S) 2:30 Afternoon Snack (S) 4:00p Puzzles/Coloring/Sorting (C/S)	22 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Bowling (P/C/S) 12:00pm Lunch (S) 1:00pm Noodle Ball (P/S) 2:00pm Sing-along (C/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)	23 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Basketball (P/C/S) 12:00pm Lunch (S) 1:00pm Horseracing (C/P/S) 2:00pm Money Game (C/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)	24 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Horseshoe or Darts (P/S/C) 12:00pm Lunch (S) 1:00pm Music by Elevar (C/S) 2:00pm Lucky Dog (C/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)	25 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Mini Golf (C/P/S) 12:00pm Lunch (S) 1:00pm Bingo (C/S) 2:00pm Sing-along (C/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (
28 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Corn Hole (P/S/C) 12:00pm Lunch (S) 1:00pm Bingo (C/S) 2:00pm Balloon Games (P/S) 2:30 Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)	29 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Bowling (P/C/S) 12:00pm Lunch (S) 1:00pm Noodle Ball (P/S) 2:00pm Sing-along (C/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)	30 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Basketball (P/S/C) 12:00pm Lunch (S) 1:00pm Horseracing (C/P/S) 2:00pm Money Game (C/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)		



September 2026



Boca Raton

**Specialized Alzheimer’s
Day Care Program Boca Raton**
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Leonja Williams, LPN Program Manager



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Therapeutic Activities	Examples of Therapeutic Activities	Definitions
Cognitive	Word Games, Math Games, Trivia Games, Reminiscence, Board Games, “Current” Events, Morning Announcements, Tabletop Activities-coloring, bean sorting, puzzles, patient specific individual tasks	Encouraging thinking, reasoning, reminiscing; stimulating retained/long-term memories and integrating those memories into activities; acknowledging and accepting the patient’s perception of his/her “world” in a supportive, engaging, nonjudgmental environment; encouraging and rewarding creativity
Physical	Chair Exercise, Dancing, Arts and Crafts, Noodle Ball/Volleyball, Dancing, Magnetic Darts, Bean Bag Toss, Bowling	Exercising both gross motor and fine motor skills; facilitating movement and maximizing physical independence while optimizing safety
Social	Building a Story, Trivia “Competition”, Music Therapy, Sing-along, Group craft building, Group discussion, Group Games	Honoring the human condition and need for relationships and social contact; encouraging social interaction and connection with peers based on shared interests and abilities; acknowledging the patient’s successes, maximizing dignity and self-esteem
Spiritual	Non-judgmental safe environment at all times. Music-patient’s choice, Recognizing unique culture and faiths in discussions and in song, positive reinforcement of all endeavors	Promoting balance between the patient’s inner and outer worlds; honoring the family’s heritage and culture, providing an atmosphere of calm, harmony, and safety where the patient can be him/herself with pride; respecting each person’s unique belief system
Emotional	Positive Communication at all times: Validation, Therapeutic Touch, Praise/Encouragement, Positive Behavioral Interventions	Understanding and compassionately caring for the patient’s emotional needs by providing a nurturing environment; communicating with the patient in a supportive, validating manner, with understanding of, and empathy for, limitations imposed by Alzheimer’s disease or a related neurocognitive disorder; communicating positively both verbally and nonverbally guided by the patient’s abilities