ALZHEIMER'S COMMUNITY CARE

October 2026

Boca Raton

Monthly Schedule subject to change based on program discretion/patient needs.

Birthdays

Cecil R- 10/6

Special Events

10/7- Nat'l Chocolate Covered Pretzel Day
10/21- Nat'l Apple Day
10/22- Nat'l Color Day
10/26- Nat'l Pumpkin Day
10/28- Nat'l Chocolate Day
10/30- Nat'l Candy Corn Day

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Monday	Tuesday	Wednesday	Thursday	Friday
			1 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Horseshoe or Darts (P/S/C) 12:00pm Lunch (S) 1:00pm Art Project (C/S) 2:00pm Lucky Dog (C/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S	2 8:00am-9:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Mini Golf (C/P/S) 12:00pm Lunch (S) 1:00pm Bingo (C/S) 2:00pm Sing-along (C/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)
5 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Corn Hole (P/S/C) 12:00pm Lunch (S) 1:00pm Bingo (C/S) 2:00pm Balloon Games (P/S) 2:30 Afternoon Snack (S) 4:00p Puzzles/Coloring/Sorting (C/S)	6 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Jemimah Comfort Dog (P/S/C) 12:00pm Lunch (S) 1:00pm Noodle Ball (C/S) 2:00pm Sing-along (C/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)	7 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Basketball (P/S/C) 12:00pm Lunch (S) 1:00pm Horseracing (P/C/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)	8 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Music by Elevar (C/S) 11:00am Exercise/Horseshoe or Darts (P/S/C) 12:00pm Lunch (S) 1:00pm Art Project (C/S) 2:00pm Lucky Dog (C/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)	9 8:00am-9:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Service Dog Visit (C/P/S) 12:00pm Lunch (S) 1:00pm Bingo (C/S) 2:00pm Sing-along (C/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)
12 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Corn Hole (P/S/C) 12:00pm Lunch (S) 1:00pm Bingo (C/S) 2:00pm Balloon Games (P/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)	13 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Bowling (P/C/S) 12:00pm Lunch (S) 1:00pm Noodle Ball (P/C/S) 2:00pm Sing-along (C/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)	14 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Basketball (P/S/C) 12:00pm Lunch (S) 1:00pm Horseracing (C/P/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)	15 8:00am Tabletop Activities (C/S) 9:150am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Horseshoe or Darts (C/P/S) 12:00pm Lunch (S) 1:00pm Art Project (C/S) 2:00pm Lucky Dog (C/S) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)	16 8:00am Tabletop Activities (C/S) 9:15am Breakfast (S) 10:30am Morning Flag Songs (C/S) 11:00am Exercise/Mini Golf (C/P/S) 12:00pm Lunch (S) 1:00pm Bingo (C/S) 2:00pm Sing-along (C/S)) 2:30pm Afternoon Snack (S) 4:00pm Puzzles/Coloring/Sorting (C/S)
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ALZHEIMER'S COMMUNITY CARE

October 2026

Boca Raton

Specialized Alzheimer's
Day Care Program Boca Raton
4680 N. Dixie Hwy.Boca Raton, FL 33431
Mon-Fri: 8:00 – 5:00pm
(561) 391-6955
www.alzcare.org

Leonja Williams, LPN Program Manager

24 Hour Crisis Line
1-800-394-1772

Therapeutic Activities	Examples of Therapeutic Activities	Definitions
Cognitive	Word Games, Math Games, Trivia Games, Reminiscence, Board Games, "Current" Events, Morning Announcements, Tabletop Activities-coloring, bean sorting, puzzles, patient specific individual tasks	Encouraging thinking, reasoning, reminiscing; stimulating retained/long-term memories and integrating those memories into activities; acknowledging and accepting the patient's perception of his/her "world" in a supportive, engaging, nonjudgmental environment; encouraging and rewarding creativity
Physical	Chair Exercise, Dancing, Arts and Crafts, Noodle Ball/Volleyball, Dancing, Magnetic Darts, Bean Bag Toss, Bowling	Exercising both gross motor and fine motor skills; facilitating movement and maximizing physical independence while optimizing safety
Social	Building a Story, Trivia "Competition", Music Therapy, Sing-along, Group craft building, Group discussion, Group Games	Honoring the human condition and need for relationships and social contact; encouraging social interaction and connection with peers based on shared interests and abilities; acknowledging the patient's successes, maximizing dignity and self-esteem
Spiritual	Non-judgmental safe environment **at all times.** Music-patient's choice, Recognizing unique culture and faiths in discussions and in song, positive reinforcement of all endeavors	Promoting balance between the patient's inner and outer worlds; honoring the family's heritage and culture, providing an atmosphere of calm, harmony, and safety where the patient can be him/herself with pride; respecting each person's unique belief system
Emotional	Positive Communication **at all times:** Validation, Therapeutic Touch, Praise/Encouragement, Positive Behavioral Interventions	Understanding and compassionately caring for the patient's emotional needs by providing a nurturing environment; communicating with the patient in a supportive, validating manner, with understanding of, and empathy for, limitations imposed by Alzheimer's disease or a related neurocognitive disorder; communicating positively both verbally and nonverbally guided by the patient's abilities