



JUNE BIRTHDAY'S

Annette Spielberger

EVENTS & ACTIVITIES

- June 3 - National Egg Day**
- June 8 – National World Ocean Day**
- June 10 – National Iced Tea Day**
- June 14 – National Flag Day**
- June 16 – National Fudge Day**
- June 17 – Father's Day**
- June 21 – International Yoga Day**
- June 23 – National Pink Day**
- June 27 – National Bingo Day**

	Monday	Tuesday	Wednesday	Thursday	Friday
	W		1	2	3
			7:30am Magazine Cutout (C/S) 9:00am Breakfast (S) 10:00am Opening Activity (C/S) 11:00am National Day Discussions (C/S) 11:30am Chair Dancing (P/S) 12:00pm Trivia (C/S) 12:30pm Lunch (S) 1:30pm Chair Exercises (P) 2:00pm Bingo (C/S) 2:30pm Celebrate Ms. Pearl (S) 3:00pm Afternoon Snack (S) 4:00pm Social Time/Patients Choice (S) 5:00pm Tabletop Activities (C/S)	7:30am Rice, Beans, and Beads (C/S) 9:00am Breakfast (S) 10:00am Opening Activity (C/S) 11:00am National Day Discussions (C/S) 11:30am Board Cross Word (C/S) 12:00pm Fill in the Blank (C/S) 12:30pm Lunch (S) 1:30pm Chair Yoga (P) 2:00pm Bingo (P/S) 2:30pm Adult Coloring (C/S) 3:00pm Afternoon Snack (S) 4:00pm Social Time/Patients Choice (S) 5:00pm Tabletop Activities (C/S)	7:30am Word Search (C) 9:00am Breakfast (S) 10:00am Open Activity(C/S) 11:00am National Egg Day (C/S) 12:00pm Egg Trivia (C/S) 12:30pm Lunch (S) 1:30pm Chair Exercise (P) 2:00pm Noodle Ball (P/S) 2:30pm Bingo (C/S) 3:00pm Afternoon Snack (S) 4:00pm Social Time (S) 5:00pm Tabletop Activities (C/S)
	6	7	8	9	10
	7:30am Card Matching (C/S) 9:00am Breakfast (S) 10:00am Opening Activity (C/S) 11:00am National Day Discussions (C/S) 11:30am Board Crossword (C/S) 12:00pm Fill in the Blank (C/S) 12:30pm Lunch (S) 1:30pm Chair Yoga (P) 2:00pm Noodle Ball (C/P/S) 2:30pm Sing-Along (C/S) 3:00pm Afternoon Snack (S) 4:00pm Social Time (S) 5:00pm Tabletop Activities (C/S)	7:30am In the News (C/S) 9:00am Breakfast (S) 10:00am Opening Activity (C/S) 11:00am National Day Discussions (C/S) 11:30am Music Therapy (C/S) 12:00pm Word Ending (C/S) 12:30pm Lunch (S) 1:30pm Chair Zumba (P) 2:00pm Ring Toss (P/S) 2:30pm Craft Time (C/S) 3:00pm Afternoon Snack (S) 4:00pm Social Time (S) 5:00pm Tabletop Activities (C/S)	7:30am Nuts and Bolts (C/S) 9:00am Breakfast (S) 10:00am Opening Activity (C/S) 11:00am National World Ocean Day (C/S) 11:30am Chair Dancing (P) 12:00pm Opposite Words (C/S) 12:30pm Lunch (S) 1:30pm Chair Exercises (P) 2:00pm Bowling (C/P/S) 2:30pm Short Stories (C/S) 3:00pm Afternoon Snack (S) 4:00pm Social Time (S) 5:00pm Tabletop Activities (C/S)	7:30am Clipping Coupons (C/S) 9:00am Breakfast (S) 10:00am Opening Activity (C/S) 11:00am National Day Discussions (C/S) 11:30am Fill in the Blank (C/S) 12:00pm Brain Quest (C/S) 12:30pm Lunch (S) 1:30pm Chair Yoga (P) 2:00pm Bingo (C/S) 2:30pm Family Feud (C/S) 3:00pm Afternoon Snack (S) 4:00pm Social Time (S) 5:00pm Tabletop Activities (C/S)	7:30am Connect the Dots (C/S) 9:00am Breakfast (S) 10:00am Opening Activity (C/S) 11:00am National Iced Tea Day (S) 11:30am The Making of Iced Tea (C/S) 12:00pm Trivia (C/S) 12:30pm Lunch (S) 1:30pm Chair Zumba (P) 2:00pm Noodle Ball (P/S) 2:30pm Sing-along or Craft Time (C/S) 3:00pm Afternoon Snack (S) 4:00pm Social Time (S) 5:00pm Tabletop Activities (C/S)
	13	14	15	16	17
	7:30am Photo Sort (C/S) 9:00am Breakfast (S) 10:00am Opening Activity (C/S) 11:00am National Day Discussions(C/S) 11:30am Board Trivia (C/S) 12:00pm Sing -A- Long (C/S) 12:30pm Lunch (S) 1:30pm Chair Yoga (P) 2:00pm Noodle Ball (C/P/S) 2:30pm Adult Coloring or Craft Time (C/S) 3:00pm Afternoon Snack (S) 4:00pm Social Time (S) 5:00pm Tabletop Activities (C/S)	7:30am Coupon Clipping (C/S) 9:00am Breakfast (S) 10:00am Opening Activity (C/S) 11:00am National Flag Day(C/S) 11:30am Name the Flag (C/S) 12:00pm Trivia (C/S) 12:30pm Lunch (S) 1:30pm Chair Zumba (P) 2:00pm Bean Bag Toss (C/P/S) 2:30pm Sing-along or Craft Time (C/S) 3:00pm Afternoon Snack (S) 4:00pm Social Time (S) 5:00pm Tabletop Activities (C/S)	7:30am Card Matching (C/S) 9:00am Breakfast (S) 10:00am Opening Activity (C/S) 11:00am National Day Discussions (C/S) 11:30am Rhyming Words (C/S) 12:00pm Board Crossword (C/S) 12:30pm Lunch (S) 1:30pm Follow the Leader Exercise (P) 2:00pm Ring Toss (C/P/S) 2:30pm Bingo (C/S) 3:00pm Afternoon Snack (S) 4:00pm Social Time (S) 5:00pm Tabletop Activities (C/S)	7:30am Magazine Cutout (C/S) 9:00am Breakfast (S) 10:00am Opening Activity (C/S) 11:00am National Fudge Day (C/S) 11:30am Fill in the Blank (C/S) 12:00pm Brain Quest (C/S) 12:30pm Lunch (S) 1:30pm Chair Exercise (P) 2:00pm Card Games (C/S) 2:30pm Adult Coloring or Craft Time (C/S) 3:00pm Afternoon Snack (S) 4:00pm Social Time (S) 5:00pm Tabletop Activities (C/S)	7:30am Rice, Beans, and Beans (C/S) 9:00am Breakfast (S) 10:00am Open Activity (C/S) 11:00am Celebration for Fathers (C/S) 12:00pm Name that Tune (C/S) 12:30pm Lunch (S) 1:30pm Chair Yoga (P) 2:00pm Noodle Ball (P/S) 2:30pm Sing-along (C/S) 3:00pm Afternoon Snack (S) 4:00pm Social Time (S) 5:00pm Tabletop Activities (C/S)
	20	21	22	23	24
	Closed All Staff Retreat				
		7:30am Nuts and Bolts (C/S) 9:00am Breakfast (S) 10:00am Opening Activity (C/S) 11:00am International Yoga Day(C/S) 11:30am Rhyming Words (C/S) 12:00pm Brain Quest (C/S) 12:30pm Lunch (S) 1:30pm Follow the Leader Yoga Exercise (P) 2:00pm Bowling (C/P/S) 2:30pm Sing-along (C/S) 3:00pm Afternoon Snack (S) 4:00pm Social Time (S) 5:00pm Tabletop Activities (C/S)	7:30am Photo Sort (C/S) 9:00am Breakfast (S) 10:00am Opening Activity (C/S) 11:00am National Day Discussions (C/S) 11:30am National Day Discussions (C/S) 12:00pm Word Ending (C/S) 12:30pm Lunch (S) 1:30pm Chair Exercise (P) 2:00pm Family Feud (C/S) 2:30pm Adult Coloring (C/S) 3:30pm Afternoon Snack (S) 4:00pm Social Time (S) 5:00pm Tabletop Activities (C/S)	7:30am Coupon Clipping (C/S) 9:00am Breakfast (S) 10:00am Opening Activity (C/S) 11:00am National Pink Day (C/S) 11:30am Name the Famous (C/S) 12:00pm Trivia (C/S) 12:30pm Lunch (S) 1:30pm Chair Zumba (P) 2:00pm Bean Bag Toss (C/P/S) 2:30pm Sing-along or Craft Time (S) 3:00pm Afternoon Snack (S) 4:00pm Social Time (S) 5:00pm Tabletop Activities (C/S)	7:30am Card Matching (C/S) 9:00am Breakfast (S) 10:00am Opening Activity (C/S) 11:00am National Day Activity(C/S) 11:30am Board Trivia (C/S) 12:00pm Chair Dancing (P) 12:30pm Lunch (S) 1:30pm Chair Yoga (P) 2:00pm Noodle Ball (C/P/S) 2:30pm Craft Time (C/S) 3:00pm Afternoon Snack (S) 4:00pm Social Time (S) 5:00pm Tabletop Activities (C/S)



June 2022

Delray Beach

<p>27</p> <p>7:30am Photo Sort (C/S) 9:00am Breakfast (S) 10:00am Opening Activity (C/S) 11:00am National Bingo Day 11:30am Board Trivia (C/S) 12:00pm Sing-along (C/S) 12:30pm Lunch (S) 1:30pm Chair Yoga (P) 2:00pm Noodle Ball (C/P/S) 2:30pm Adult Coloring or Craft Time (C/S) 3:00pm Afternoon Snack (S) 4:00pm Social Time 5:00pm Tabletop Activities (S/C/P)</p>	<p>28</p> <p>7:30am Photo Sort (C/S) 9:00am Breakfast (S) 10:00am Opening Activity (C/S) 11:00am National Day Discussions (C/S) 11:30am Name the Famous(P) 12:00pm Music Therapy (C/S) 12:30pm Lunch (S) 1:30pm Chair Exercise (P) 2:00pm Bowling (C/P/S) 2:30pm Sing-along or Craft Time (C/S) 3:00pm Afternoon Snack (S) 4:00pm Social Time (S) 5:00pm Tabletop Activities (C/S)</p>	<p>29</p> <p>7:30am Card Matching (C/S) 9:00am Breakfast (S) 10:00am Opening Activity (C/S) 11:00am National Day Activity 11:30am Rhyming Words (C/S) 12:00pm Board Crossword (C/S) 12:30pm Lunch (S) 1:30pm Follow the Leader Exercises (P) 2:00pm Ring Toss (C/S/P) 2:30pm Bingo (C/S) 3:00pm Afternoon Snack (S) 4:00pm Social Time (S) 5:00pm Tabletop Activities (C/S)</p>	<p>30</p> <p>7:30am Magazine Cutout (C/S) 9:00am Breakfast (S) 10:00am Opening Activity (C/S) 11:00am National Day Activity 11:30am Fill in the Blank (C/S) 12:00pm Brain Quest (C/S) 12:30pm Lunch (S) 1:30pm Chair Exercise (P) 2:00pm Card Games (C/S) 2:30pm Adult Coloring or Craft Time (C/S) 3:00pm Afternoon Snack (S) 4:00pm Social Time (S) 5:00pm Tabletop Activities (C/S)</p>	<p><u>Opening Activity</u> <u>(Everyday) 10:00</u></p> <ul style="list-style-type: none"> - Pledge Of Allegiance - Blue Nation Sing-along - Today's Date - Day of Week
---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

**Specialized Alzheimer's
Day Care Program Delray Beach**
Seacrest Presbyterian Church
2703 N. Seacrest Blvd.
Delray Beach, FL 33444
Mon-Fri: 7:30 – 5:30pm
561-330-3541

www.alzcare.org

Jannete Correa, LPN Program Manager
Saindeline Jean Pierre, LPN Program Nurse



24 Hour Crisis Line

1-800-394-1772

Therapeutic Activities

Examples of Therapeutic Activities

Definitions

Cognitive	Word Games, Math Games, Trivia Games, Reminiscence, Board Games, "Current" Events, Morning Announcements, Tabletop Activities-coloring, bean sorting, puzzles, patient specific individual tasks	Encouraging thinking, reasoning, reminiscing; stimulating retained/long-term memories and integrating those memories into activities; acknowledging and accepting the patient's perception of his/her "world" in a supportive, engaging, nonjudgmental environment; encouraging and rewarding creativity
Physical	Chair Exercise, Dancing, Arts and Crafts, Noodle Ball/Volleyball, Dancing, Magnetic Darts, Bean Bag Toss, Bowling	Exercising both gross motor and fine motor skills; facilitating movement and maximizing physical independence while optimizing safety



June 2022

Delray Beach

Social	Building a Story, Trivia “Competition”, Music Therapy, Sing-along, Group craft building, Group discussion, Group Games	Honoring the human condition and need for relationships and social contact; encouraging social interaction and connection with peers based on shared interests and abilities; acknowledging the patient’s successes, maximizing dignity and self-esteem
Spiritual	Non-judgmental safe environment at all times. Music-patient’s choice, Recognizing unique culture and faiths in discussions and in song, positive reinforcement of all endeavors	Promoting balance between the patient’s inner and outer worlds; honoring the family’s heritage and culture, providing an atmosphere of calm, harmony, and safety where the patient can be him/herself with pride; respecting each person’s unique belief system
Emotional	Positive Communication at all times: Validation, Therapeutic Touch, Praise/Encouragement, Positive Behavioral Interventions	Understanding and compassionately caring for the patient’s emotional needs by providing a nurturing environment; communicating with the patient in a supportive, validating manner, with understanding of, and empathy for, limitations imposed by Alzheimer’s disease or a related neurocognitive disorder; communicating positively both verbally and nonverbally guided by the patient’s abilities