ALZHEIMER'S COMMUNITY CARE

November 2026

Fort Pierce

Monthly Schedule subject to change based on program discretion/patient needs.

Happy Birthday

Judith 11/17
Donna 11/20
Nancy 11/25
Annette 11/25
Lois 11/29

Special Events

Monday	Tuesday	Wednesday	Thursday	Friday
2 8:00am Tabletop Time (C) 9:30am Early Risers Breakfast (S) 10:30am Rise n' Shine Announcements (C/P/S) 11:00am Passionate Pursuit, (P/S/E) 11:30am Fact or Fiction (C/S) 12:30pm Lunch (S) 1:30pm Gray Vs Silver (C/S/E) 2:00pm National Sweet Tea Day (S/C/E) 2:30pm Early Bird Snack Special (S) 3:00pm Remanesce Reunion (C/S/E) 3:30pm Silver Sneaker Society (P/S) 4:00pm Tabletop Activities (C/S)	**3** 8:00am Tabletop Time (C/S) 9:30am Early Risers Breakfast (S) 10:30am Rise n' Shine Announcements (C/S) 11:00am Fitness is Golden (P/S) 11:30am Listen to Your Heart, (P/C/S/E) 12:30pm Lunch (S) 1:30pm Love, Laugh & BINGO (C/S/E) 2:00pm Relaxation and Restoration (S/E) 2:30pm Early Bird Snack Special (S) 3:00pm Been Around the World (C/S) 3:30pm Relaxation and Restoration (S/E) 4:00pm Tabletop Activities(C/S)	4 8:00am Tabletop Time (C) 9:30am Early Risers Breakfast (S) 10:30am Rise n' Shine Announcements (C/P/S) 11:00am Passionate Pursuit, (P/S/E) 11:30am Fact or Fiction (C/S) 12:30pm Lunch (S) 1:30pm Gray Vs Silver (C/S/E) 2:00pm Wheels of Change (S/C/E) 2:30pm Early Bird Snack Special (S) 3:00pm Remanesce Reunion (C/S/E) 3:30pm Silver Sneaker Society (P/S) 4:00pm Tabletop Activities (C/S	5 8:00am Tabletop Time (C/S) 9:30am Early Risers Breakfast (S) 10:30am Rise n' Shine Announcements (C/P/S) 11:00am Silver Sneakers Club (P/S) 11:30am Vintage Venture (C/S) 12:30pm Lunch (S) 1:30pm Brain Bucket (C/S) 2:00pm Devine Drawings (C/S) 2:30pm, Early Bird Snack Special (S) 3:00pm Been Around the World (C/S) 3:30pm Relaxation and Restoration (S/E) 4:00pm Tabletop Activities (C/S)	6 8:00am Tabletop Time (C/S) 9:30am Early Risers Breakfast (S) 10:30am Rise n' Shine Announcements(C/S) 11:00am Silver Sneakers Club (P/S) 11:30am Go Together Gang (C/S) 12:30pm Lunch (S) 1:30pm Love, Laugh & BINGO (C/S/E) 2:00pm No Spring Chicken (P/S/E) 2:30pm Early Bird Snack Special (S) 3:00pm Strength in Stretching (P/S) 4:00pm Tabletop Activities (C/S)
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November 2026

Fort Pierce

Specialized Alzheimer's
Day Center Program Fort Pierce
2900 South Jenkins Rd
Fort Pierce, FL 34981
Mon-Fri: 8:00 – 4:00
(772) 466-3261
www.alzcare.org

Courtney Davis, LPN Program Manager
Satorial Calhoun, LPN, Program Nurse

24 Hour Crisis Line

1-800-394-1772

Therapeutic Activities	Examples of Therapeutic Activities	Definitions
Cognitive	Word Games, Math Games, Trivia Games, Reminiscence, Board Games, "Current" Events, Morning Announcements, Tabletop Activities-coloring, bean sorting, puzzles, patient specific individual tasks	Encouraging thinking, reasoning, reminiscing; stimulating retained/long-term memories and integrating those memories into activities; acknowledging and accepting the patient's perception of his/her "world" in a supportive, engaging, nonjudgmental environment; encouraging and rewarding creativity
Physical	Chair Exercise, Dancing, Arts and Crafts, Noodle Ball/Volleyball, Dancing, Magnetic Darts, Bean Bag Toss, Bowling	Exercising both gross motor and fine motor skills; facilitating movement and maximizing physical independence while optimizing safety
Social	Building a Story, Trivia "Competition", Music Therapy, Sing-along, Group craft building, Group discussion, Group Games	Honoring the human condition and need for relationships and social contact; encouraging social interaction and connection with peers based on shared interests and abilities; acknowledging the patient's successes, maximizing dignity and self-esteem
Spiritual	Non-judgmental safe environment **at all times.** Music-patient's choice, Recognizing unique culture and faiths in discussions and in song, positive reinforcement of all endeavors	Promoting balance between the patient's inner and outer worlds; honoring the family's heritage and culture, providing an atmosphere of calm, harmony, and safety where the patient can be him/herself with pride; respecting each person's unique belief system
Emotional	Positive Communication **at all times:** Validation, Therapeutic Touch, Praise/Encouragement, Positive Behavioral Interventions	Understanding and compassionately caring for the patient's emotional needs by providing a nurturing environment; communicating with the patient in a supportive, validating manner, with understanding of, and empathy for, limitations imposed by Alzheimer's disease or a related neurocognitive disorder; communicating positively both verbally and nonverbally guided by the patient's abilities