


	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Monthly Schedule subject to change based on program discretion/patient needs!</b></p>  <p><u>Happy Birthday!</u> 5/10 Bertha 5/15 Louise</p> <p><b>Special Events</b> <b>Mother's Day Party</b></p>	<p>1</p> <p>7:30am Tabletop Activities (S/C) 8:30am Breakfast (S) 9:30am Prayer/Devotion (E) 10:30am Exercise (P) 11:30pm Lunch (S) 12:00pm Ring Toss (P/S) 1:00pm Bingo (C/S) 2:00pm Afternoon Snack (S) 2:30pm Sing-along (S) 3-4pm Tabletop Activities (S/C)</p>	<p>2</p> <p>7:30am Tabletop Activities (S/C) 8:30am Breakfast (S) 9:30am Prayer/ Devotion (E) 10:30am Exercise (P) 11:30pm Lunch (S) <b>12:00pm Mother's Day Painting (S)</b> 1:00pm Family Feud (C/S) 2:00pm Afternoon Snack (S) 2:30pm Magazine Reading (C) 3-4pm Tabletop Activities (S/C)</p>	<p>3</p> <p>7:30am Tabletop Activities (S/C) 8:30am Breakfast (S) 9:30am Prayer/Devotion (E) 10:30am Exercise (C/S) 11:30pm Lunch (S) 12:00pm Word Scramble (C/S) 1:00pm Arts &amp; Crafts (P/S) 2:00pm Afternoon Snack (S) 2:30pm Group discussion (C/S) 3-4pm Tabletop Activities (S/C)</p>	<p>4</p> <p>7:30am Tabletop Activities(S/C) 8:30am Breakfast (S) 9:30am Prayer/ Devotion (E) 10:30am Exercise (P) 11:30pm Lunch (S) 12:00pm Words Puzzle (C/S) 1:00pm Music Therapy (C/S) 2:00pm Afternoon Snack (S) 2:30pm Group discussion (C/S) 4:00pm Tabletop Activities (S/C)</p>	<p>5</p> <p>7:30am Tabletop Activities (S/C) 8:30am Breakfast (S) 9:30am Prayer/ Devotion (E) 10:30am Exercise (P) 11:30pm Lunch (S) 12:00pm Family Feud(S) 1:00pm Guess That Tune? (C/S) 2:00pm Afternoon Snack (S) 2:30pm Group discussion (C/S) 3-4pm Tabletop Activities(S/C)</p>
	<p>8</p> <p>7:30am Tabletop Activities (S/C) 8:30am Breakfast (S) 9:30am Prayer/Devotion (E) 10:30am Exercise (P) 11:30pm Lunch (S) 12:00pm Noddle Ball (P/S) 1:00pm Bingo (C/S) 2:00pm Afternoon Snack (S) 2:30pm Sing-along (S) 3-4pm Tabletop Activities (S/C)</p>	<p>9</p> <p>7:30am Tabletop Activities (S/C) 8:30am Breakfast (S) 9:30am Prayer/ Devotion (E) 10:30am Exercise (P) 11:30pm Lunch (C/S) 12:00pm Flower Making (C/S) 1:00pm Kick Ball (P/S) 2:00pm Afternoon Snack (S) 2:30pm word Puzzle (C/S) 4:00pm Tabletop Activities (S/C)</p>	<p>10</p> <p>7:30am Tabletop Activities (S/C) 8:30am Breakfast (S) 9:30am Prayer/ Devotion (E) 10:30am Exercise (P) 11:30pm Lunch (C/S) 12:00pm Mother's Day Arts and Craft (P/S) <b>1:00pm Mix Match Sock Day/ Bean Bag Toss (P/S)</b> 2:00pm Afternoon Snack (S) 2:30pm Group discussion (C/S) 4:00pm Tabletop Activities (S/C)</p>	<p>11</p> <p>7:30am Tabletop Activities(S/C) 8:30am Breakfast (S) 9:30am Prayer/ Devotion (E) 10:30am Exercise (P) 11:30pm Lunch (C/S) 12:00pm Name That State (S) 1:00pm Riddles(S) 2:00pm Afternoon Snack (S) 2:30pm Group discussion (C/S) 4:00pm Tabletop Activities (S/C)</p>	<p>12</p> <p>7:30am Tabletop Activities (S/E) 8:30am Breakfast (S) 9:30am Prayer/ Devotion (E) 10:30am Social (S) 11:30pm Lunch (C/S) 12:00pm Hangman (C/S) <b>1:00pm Mother's Day Party/card giveaway (S)</b> 2:00pm Afternoon Snack (S) 2:30pm Magazine Reading (C) 4:00pm Tabletop Activities (S/C)</p>
	<p>15</p> <p>7:30am Tabletop Activities (S/C) 8:30am Breakfast (S) 9:30am Prayer/ Devotion (E) 10:30am Exercise (P) 11:30pm Lunch (S) 12:00pm Group discussion (S) 1:00pm Phrase Trivia (C/S) 2:00pm Bible Study/ Afternoon Snack (S) 2:30pm Arts &amp; Crafts (C/S) 3-4pm Tabletop Activities (S/C)</p>	<p>16</p> <p>7:30am Tabletop Activities(S/C) 8:30am Breakfast (S) 9:30am Prayer/ Devotion (E) 10:30am Exercise (P) 11:30pm Lunch (S) <b>12:00pm Hat Day/Sing along (S)</b> 1:00pm Hot Potato (P/S) 2:00pm Afternoon Snack (S) 2:30pm Person, Place, Thing (C/S) 3-4pm Tabletop Activities (S/C)</p>	<p>17</p> <p>7:30am Tabletop Activities (S/C) 8:30am Breakfast (S) 9:30am Prayer/ Devotion (E) 10:30am Exercise (P) 11:30pm Family Feud (C/S) 12:00pm Lunch (S) 1:00pm Bowling (P) 2:00pm Afternoon Snack (S) 2:30pm Rhyming Words (C/S) 3-4pm Tabletop Activities (S/C)</p>	<p>18</p> <p>7:30am Tabletop Activities (S/C) 8:30am Breakfast (S) 9:30am Prayer/ Devotion (E) 10:30am Exercise (P) 11:30pm Lunch (S) 12:00pm Bingo (C/S) <b>1:00pm Spa Day (S)</b> 2:00pm Afternoon Snack (S) 2:30pm Arts &amp; Craft (C/S) 3-4pm Tabletop Activities (S/C)</p>	<p>19</p> <p>7:30am Tabletop Activities (S/C) 8:30am Breakfast (S) 9:30am Prayer/Devotion (E) 10:30am Exercise (P) 11:30pm Lunch (S) 12:00pm Group Discussion (S) 1:00pm Bingo (C/S) 2:00pm Afternoon Snack (S) 2:30pm Magazine reading (C) 3-4pm Tabletop Activities (S/C)</p>
	<p>22</p> <p>7:30am Tabletop Activities (S/C) 8:30am Breakfast (S) 9:30am Prayer/Devotion (E) 10:30am Exercise (P) 11:30am Lunch (S) 12:00pm Group Discussion (S) 1:00pm Bingo (C/S) 2:00pm Afternoon Snack (S) 2:30pm Arts &amp; Crafts (C/S) 3-4pm Tabletop Activities (C/S)</p>	<p>23</p> <p>7:30am Tabletop Activities(S/C) 8:30am Breakfast (S) 9:30am Prayer/ Devotion (E) 10:30am Hangman (C/S) 11:30pm Lunch (P) 12:00pm Book Reading (S) 1:00pm Name That Fruit (C/S) 2:00pm Afternoon Snack (S) 2:30pm Freestyle (C) 3-4pm Tabletop Activities (S/C)</p>	<p>24</p> <p>7:30am Tabletop Activities (S/E) 8:30am Breakfast (S) 9:30am Prayer/ Devotion (E) 10:30am The Price Is Right (C/S) 11:30pm Lunch (S) 12:00pm Bean Bag Toss (P/S) 1:00pm Bingo (C/S) 2:00pm Afternoon Snack (S) 2:30pm Arts &amp; Crafts (C/S) 4:00pm Tabletop Activities(S/C)</p>	<p>25</p> <p>7:30am Tabletop Activities (S/C) 8:30am Breakfast (S) 9:30am Exercise(P) 10:30am Sing- along (S) 11:30pm Lunch (C) 12:00pm Magazine Reading (S) 1:00pm Riddles(S) 2:00pm Afternoon Snack (S) 2:30pm Freestyle (C) 3-4pm Tabletop Activities (S/C)</p>	<p>26</p> <p>7:30am Tabletop Activities (S/C) 8:30am Breakfast (S) 9:30am Prayer/ Devotion (E) 10:30am Exercise (P/S) 11:30pm Lunch (S) 12:00pm Hangman (C/S) 1:00pm Magazine clippings (C) <b>2:00pm Birthday Party/Afternoon Snack (S)</b> 2:30pm Social (S) 4:00pm Tabletop Activities (S/C)</p>
	<p>29</p> <p>7:30am Tabletop Activities (S/C) 8:30am Breakfast (S) 9:30am Prayer/Devotion (E) 10:30am Exercise (P) 11:30pm Lunch (P/S) 12:00pm Hot Potato (S) 1:00pm Bingo (C/S) 2:00pm Afternoon Snack (S) 2:30pm Sing-along (S) 3-4pm Tabletop Activities (S/C)</p>	<p>30</p> <p>7:30am Tabletop Activities (S/C) 8:30am Breakfast (S) 9:30am Prayer/Devotion (E) 10:30am Exercise (P) 11:30pm Lunch (P/S) 12:00pm Uno (C/S) 1:00pm Bingo (C/S) 2:00pm Afternoon Snack (S) 2:30pm Sing-along (S) 3-4pm Tabletop Activities (S/C)</p>	<p>31</p> <p>7:30am Table Activities (S/C) 8:30am True or False trivia (S) 9:30am Zumba (P) 10:30am Group discussion (S) 11:30am Lunch (S) 12:00pm Dominoes(C/S) 1:00pm Bingo 2:00pm Afternoon snack 2:30pm Hangman (S/C) 3-4pm Table Activities (S/C)</p>		



MAY 2023



Pahokee

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Karen Lawson, LPN Program Manager  
TBD-Program Nurse



**24 Hour Crisis  
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Therapeutic Activities	Examples of Therapeutic Activities	Definitions
Cognitive	Word Games, Math Games, Trivia Games, Reminiscence, Board Games, "Current" Events, Morning Announcements, Tabletop Activities-coloring, bean sorting, puzzles, patient specific individual tasks	Encouraging thinking, reasoning, reminiscing; stimulating retained/long-term memories and integrating those memories into activities; acknowledging and accepting the patient's perception of his/her "world" in a supportive, engaging, nonjudgmental environment; encouraging and rewarding creativity
Physical	Chair Exercise, Dancing, Arts and Crafts, Noodle Ball/Volleyball, Dancing, Magnetic Darts, Bean Bag Toss, Bowling	Exercising both gross motor and fine motor skills; facilitating movement and maximizing physical independence while optimizing safety
Social	Building a Story, Trivia "Competition", Music Therapy, Sing-along, Group craft building, Group discussion, Group Games	Honoring the human condition and need for relationships and social contact; encouraging social interaction and connection with peers based on shared interests and abilities; acknowledging the patient's successes, maximizing dignity and self-esteem
Spiritual	Non-judgmental safe environment <b>at all times.</b> Music-patient's choice, Recognizing unique culture and faiths in discussions and in song, positive reinforcement of all endeavors	Promoting balance between the patient's inner and outer worlds; honoring the family's heritage and culture, providing an atmosphere of calm, harmony, and safety where the patient can be him/herself with pride; respecting each person's unique belief system
Emotional	Positive Communication <b>at all times:</b> Validation, Therapeutic Touch, Praise/Encouragement, Positive Behavioral Interventions	Understanding and compassionately caring for the patient's emotional needs by providing a nurturing environment; communicating with the patient in a supportive, validating manner, with understanding of, and empathy for, limitations imposed by Alzheimer's disease or a related neurocognitive disorder; communicating positively both verbally and nonverbally guided by the patient's abilities