

Treasure Coast June 2022	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(Week 4)			1st	2nd	3rd
LUNCH	Ft. Pierce St. Andrews Grace		3 oz. Chicken & Vegetable Stir-fry ½ cup Stir-fry Vegetables ½ cup Mandarin Oranges 2 servings WG Rice 8 oz. Milk	3 oz. Beef Shepherd's Pie ½ cup Mashed Potatoes ½ cup Apple Sauce 2 slices WG Soft Roll 8 oz. Milk	3 oz. Chicken Sandwich ½ cup Mixed Vegetables ½ cup Peaches 2 slices WG Sandwich Bread 8 oz. Milk
(Week 1)	6th	7th	8th	9th	10th
LUNCH	3 oz. Turkey Sandwich (Swiss Cheese, Lettuce & Tomato) ½ cup Cucumber Salad ½ cup Fruit Cocktail 2 slices WG Bread 8 oz. Milk	3 oz. Chicken Nuggets ½ cup Steamed Broccoli ½ cup Seasonal Fruit 2 servings WG Roll 8 oz. Milk	3 oz. Ground Beef Stroganoff ½ cup Diced Carrots ½ cup Apple Sauce 2 servings Egg Noodles 8 oz. Milk	3 oz. Breaded Fish ½ cup Mixed Vegetables ½ cup Mandarin Oranges 2 servings WG Rice 8 oz. Milk	3 oz. Baked Chicken w/Sweet & Sour Sauce ½ cup Baked Beans ½ cup Green Beans 2 slices WG Bread 8 oz. Milk
(Week 2)	13th	14th	15th	16th	17th
LUNCH	3 Oz. Roast Turkey ½ cup Cauliflower ½ cup Mandarin Oranges 2 servings WG Rice 8 oz. Milk	3 oz. Chicken & Noodles ½ cup Green Beans ½ cup Apple Sauce 2 servings WG Pasta 8 oz. Milk	3 oz. Meatloaf/Gravy ½ cup Fresh Mashed Sweet Potatoes ½ cup Fruit Cocktail 2 Slices WG Bread 8 Oz. Milk	3 oz. BBQ Chicken ½ cup Baked Beans ½ cup Steamed Baby Carrots 2 slices WG Corn Bread 8 oz. Milk	3 oz. Tomato Pasta & Meatballs ½ cup Mixed Vegetables ½ cup Pineapple 2 Servings WG Pasta 8 oz. Milk
(Week 3)	20th	21st	22nd	23rd	24th
LUNCH	3 oz. Chicken Alfredo Casserole Peas in Entrée ½ cup Apple Sauce 2 servings WG Pasta 8 oz. Milk	3 oz. Roast Turkey w/Gravy ½ cup Mixed Vegetable ½ cup Pears 2 servings WG Macaroni & Cheese 8 oz. Milk	3 oz. Chicken & Rice Casserole ½ cup Green Beans ½ cup Seasonal Fruit 2 servings WG Rice 8 oz. Milk	3 oz. Cheese Ravioli ½ cup Steamed Broccoli ½ cup Pineapple 2 slices WG Pasta 8 oz. Milk	3 oz. Cheeseburger w/Lettuce & Tomato ½ cup French Fries ½ cup Mandarin Oranges 2 slices WG Bun 8 oz. Milk
(Week 4)	27th	28th	29th	30th	
LUNCH	3 oz. Oven Fried Chicken ½ cup Green Beans ½ cup Seasonal Fresh Fruit 2 slices WG Soft Roll 8 oz. Milk	3 oz. Pork Roast Pork ½ cup Collard Greens ½ cup Fruit Cocktail 2 slices WG Corn Bread 8 oz. Milk	3 oz. Chicken & Vegetable Stir-fry ½ cup Stir-fry Vegetables ½ cup Mandarin Oranges 2 servings WG Rice 8 oz. Milk	3 oz. Beef Shepherd's Pie ½ cup Mashed Potatoes ½ cup Apple Sauce 2 slices WG Soft Roll 8 oz. Milk	<hr/> <i>THIS MENU IS SUBJECT TO CHANGE</i> <hr/>