




	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Monthly Schedule subject to change based on program discretion/patient needs.</p> <p>Happy Birthday</p>  <p>Ana B 12/17. Egla S 12/17</p> <p>Special Events</p> <p>Ice Cream Social 12/02 Birthday Party 12/16 Christmas Party 12/22</p> <p>Holidays</p> <p>Christmas Day 12/25.</p>				1	2
	5	6	7	8	9
	12	13	14	15	16
	19	20	21	22	23
	26	27	28	29	30
	CLOSED				



December 2022



West Lake Worth

Day Care Program West Lake Worth

3680 Lake Worth Rd
 Lake Worth FL 33461
 Mon-Fri: 8:00 – 5:00pm
 561-432-0668
 www.alzcare.org

Jacqueline Rodriguez, LPN Program Manager

1-800-394-1772

Therapeutic Activities	Examples of Therapeutic Activities	Definitions
Cognitive	Word Games, Math Games, Trivia Games, Reminiscence, Board Games, “Current” Events, Morning Announcements, Tabletop Activities-coloring, bean sorting, puzzles, patient specific individual tasks	Encouraging thinking, reasoning, reminiscing; stimulating retained/long-term memories; acknowledging and accepting the patient’s perception of his/her “world” environment; encouraging and rewarding creative
Physical	Chair Exercise, Dancing, Arts and Crafts, Noodle Ball/Volleyball, Dancing, Magnetic Darts, Bean Bag Toss, Bowling	Exercising both gross motor and fine motor skills; facilitating movement and maximizing safety
Social	Building a Story, Trivia “Competition”, Music Therapy, Sing-along, Group craft building, Group discussion, Group Games	Honoring the human condition and need for relationships and social contact; encouraging peers based on shared interests and abilities; acknowledging the patient’s success
Spiritual	Non-judgmental safe environment at all times. Music-patient’s choice, Recognizing unique culture and faiths in discussions and in song, positive reinforcement of all endeavors	Promoting balance between the patient’s inner and outer worlds; honoring the atmosphere of calm, harmony, and safety where the patient can be him/herself with the system
Emotional	Positive Communication at all times: Validation, Therapeutic Touch, Praise/Encouragement, Positive Behavioral Interventions	Understanding and compassionately caring for the patient’s emotional needs by providing with the patient in a supportive, validating manner, with understanding of, and empathy for the disease or a related neurocognitive disorder; communicating positively both verbally