


	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Monthly Schedule subject to change based on program discretion/patient needs.</b></p> <p><b>Happy Birthday</b></p>  <p><b>Special Events</b> Employee Appreciation Day 3/2 St Patrick's Day Party 3/17 Cesar Chavez's Day 3/31 Ice Cream Social 3/10</p> <p><b>Holidays</b> St Patrick's Day 3/17</p>					
			1	2	3
	6	7	8	9	10
	13	14	15	16	17
	20	21	22	23	24
27	28	29	30	31	



March 2023

MARCH

West Lake Worth

**Specialized Alzheimer's  
Day Care Program Delray**  
2703 Seacrest Blvd North  
North Beach, FL 33444  
Mon-Fri: 8:00 – 5:00pm  
561-330-3541  
www.alzcare.org

Jacqueline Rodriguez, LPN Program Manager



**24 Hour Crisis  
Line**

**1-800-394-1772**

Therapeutic Activities	Examples of Therapeutic Activities	Definitions
Cognitive	Word Games, Math Games, Trivia Games, Reminiscence, Board Games, "Current" Events, Morning Announcements, Tabletop Activities-coloring, bean sorting, puzzles, patient specific individual tasks	Encouraging thinking, reasoning, reminiscing; stimulating retained/long-term memory activities; acknowledging and accepting the patient's perception of his/her "world" environment; encouraging and rewarding creative
Physical	Chair Exercise, Dancing, Arts and Crafts, Noodle Ball/Volleyball, Dancing, Magnetic Darts, Bean Bag Toss, Bowling	Exercising both gross motor and fine motor skills; facilitating movement and maximizing safety
Social	Building a Story, Trivia "Competition", Music Therapy, Sing-along, Group craft building, Group discussion, Group Games	Honoring the human condition and need for relationships and social contact; encouraging peers based on shared interests and abilities; acknowledging the patient's successes
Spiritual	Non-judgmental safe environment <b>at all times.</b> Music-patient's choice, Recognizing unique culture and faiths in discussions and in song, positive reinforcement of all endeavors	Promoting balance between the patient's inner and outer worlds; honoring the faith atmosphere of calm, harmony, and safety where the patient can be him/herself with system
Emotional	Positive Communication <b>at all times:</b> Validation, Therapeutic Touch, Praise/Encouragement, Positive Behavioral Interventions	Understanding and compassionately caring for the patient's emotional needs by providing with the patient in a supportive, validating manner, with understanding of, and empathy for disease or a related neurocognitive disorder; communicating positively both verbally and